



Get on the path to a better quality of life.

Introducing **HF Path**TM

MANAGE YOUR WEIGHT

TRACK YOUR SYMPTOMS

TRACK YOUR MEDICATION

LEARN ABOUT HF

CONNECT WITH OTHERS



The American Heart Association is pleased to launch **HF Path**TM — a self management tool that empowers heart failure patients to better manage and live with their condition.

In addition to tracking weight, medications and symptoms, **HF Path**TM also enables users to connect with other patients who are dealing with the challenges of heart failure.

Available on the Web or as an app, **HF Path**TM is a great way to help patients enjoy a better quality of life.

The path to a better quality of life begins here. 

PLEASE VISIT

heart.org/HFPath



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